

HUMANITUDE® CARE ACTION-TRAINING COURSE (LEVEL 1)

SYNOPSIS

The Gineste-Marescotti® Care Methodology, also known as Humanitude® is a multimodal care methodology for any vulnerable dependent persons, such as those with dementia, post-stroke dependency, physical or mental disabilities, etc. Humanitude comprises of more than 150 care techniques based on 4 pillars: gaze, speech, touch and verticality. It is the only care methodology that professionalizes the relationship between caregiver and care receiver.

With this hands-on training, the healthcare professionals will be able to learn and apply the Humanitude tools, according to its philosophical guidance.

COURSE ORGANIZERS

This training course is co-organized by the client and Institute Gineste-Marescotti Singapore.

PARTICIPANTS

Nurses, Nurses Assistants, Nurse Managers, Medical Doctors, Clinical Directors, Consultants, Occupational Therapists, Psychomotor Therapists, Physiotherapists, Psychologists, Specialized Educators, other healthcare professionals who have been selected by the client.

IDEAL PARTICIPANT PROFILE

The Humanitude Level 1 participant ideally will be a healthcare professional who is motivated towards professional development.

The Humanitude Level 1 participant should be selected by the organization, considering that each person has unique professional traits and potentials and their direct supervisor is the best person to identify those traits and assess the potentials. However, to ensure a more efficient implementation process it is recommended to prioritize the participants with clear leadership roles within the ward team, both formally or informally recognized, to be trained first.

For a sustainable change project is recommended that a minimum of 75% of the caregivers are successfully trained and Humanitude Level 1 certified.



COURSE DETAILS

- Course duration: 32 hours over 4 consecutive days (inclusive of a daily 1-hour lunch break)
- Location: On site at the client's care facility
- Number of trainees per course: 10-12
- Trainer: A certified trainer in Gineste-Marescotti® Care Methodology

OBJECTIVES

- To learn the Humanitude® tools that promote a daily well-being
- To apply the Humanitude® tools according to the care client's abilities and desires
- To prescribe care under the well-being scope
- To use Relational Handling® techniques
- To select the appropriate Relational Handling® technique
- To attain care client's verticality on a daily basis to avoid or reduce bedridden rate
- To establish a verticality plan according to care client's profile
- To improve the care client's well-being through cooperation of the multidisciplinary health team
- To professionalize the relationship between caregiver and care receiver towards a meaningful connection
- To design care interventions respecting the optimal level of care
- To prevent and reduce neuropsychiatric symptoms in people with dementia (refusal of care, wandering, pseudo delirium, sundown syndrome, etc.)
- To use the Humanitude relational pillars (gaze, speech, touch), as essential Humanitude communication tools
- To align care interventions with the Humanitude philosophy

TRAINING METHODS AND TECHNICAL DETAILS

Training format and duration: 32 hours, over 4 consecutive days in the care unit (inclusive of a daily 1-hour lunch break)

- First day: theory and educational movies in class
- Second, third and fourth days:
 - Morning: care practice with the care clients selected by the trainees, for the challenges posed to them
 - Afternoon: care analysis and care integrated theory

Support and material used:

- Theoretical content: slide show and educational movies
- Practice in real situation
- Demonstration and role playing in-class (using the equipment available in the facility: beds, chairs, standing hoist, lift, etc.)

Documents delivered:

- Humanitude Level 1 Manual
- Humanitude Tool Worksheets
 - Structured Sequence of Humanitude Care Procedures
 - Humanitude Care Prescription
 - Humanitude Personalized Night Project
 - Humanitude Personalized Verticalization Project
 - Humanitude-Gineste-Marescotti Agitation Scale